



**HOLINA
VILLAGE
CYPRUS**

15-24 YOUNG ADULTS
THERAPEUTIC COMMUNITY REHAB

Back To Yourself



HOLINA VILLAGE CYPRUS

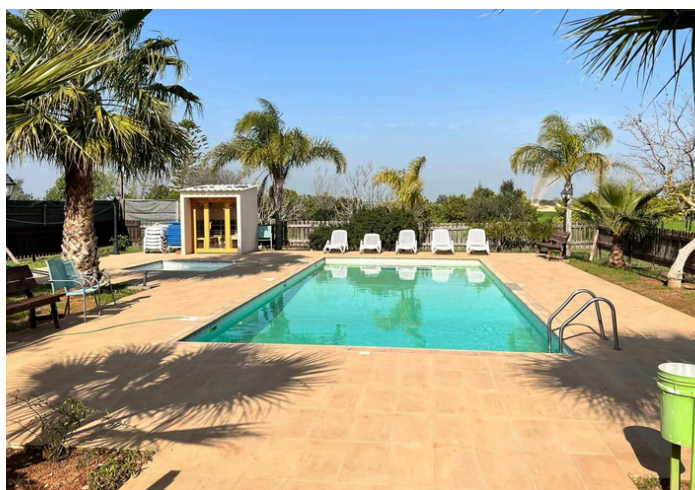
www.holinacyprus.com

Holina Village is a premier rehabilitation center located in Cyprus, dedicated to empowering teens, adolescents, and young adults aged 15 to 24 through holistic addiction treatment, behavioral health services, and a therapeutic community model. Our comprehensive programs are designed to promote healing and personal growth, allowing individuals to rebuild their lives within a supportive environment.



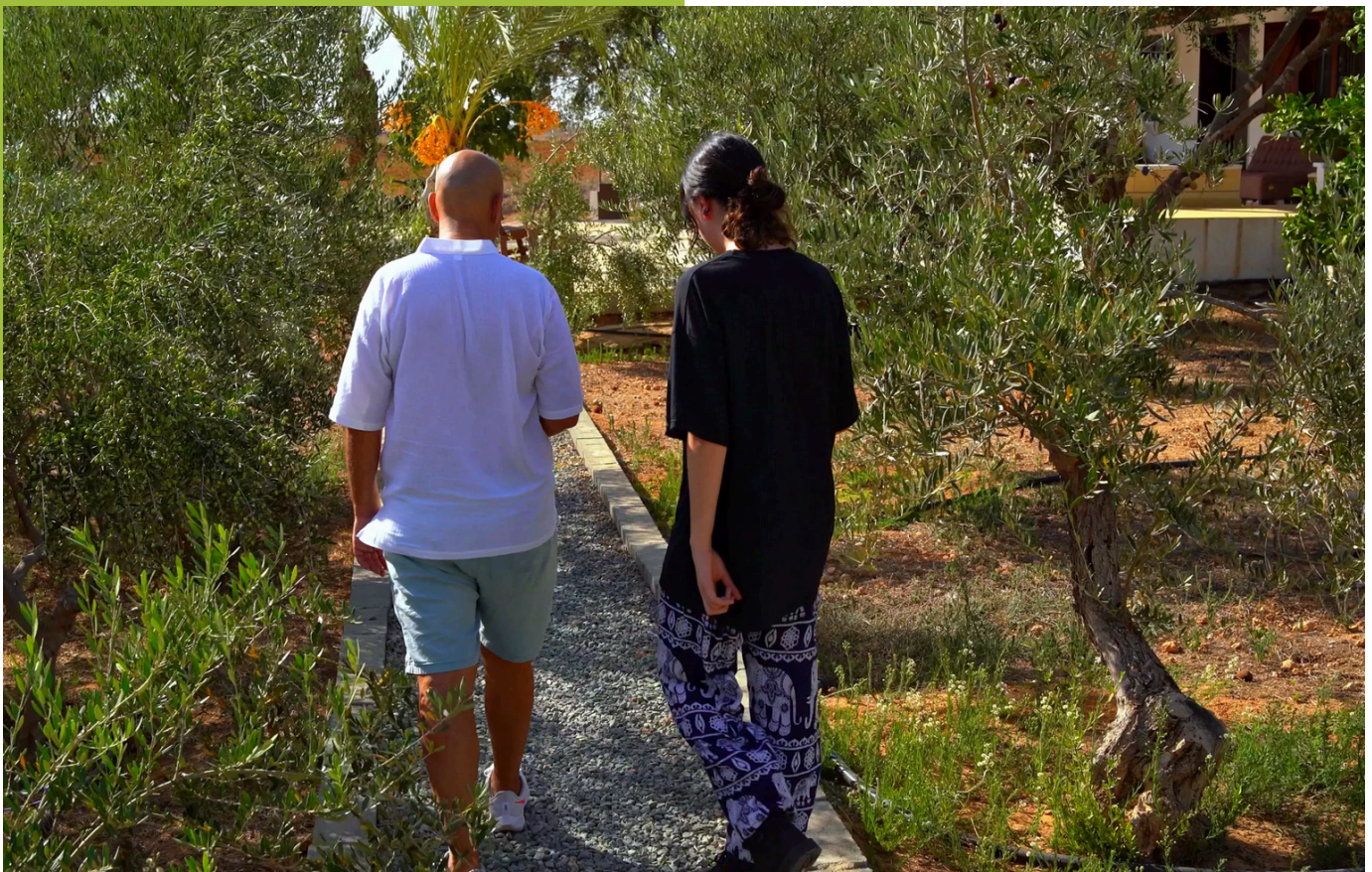
A Haven for Healing

Situated in the serene hills of Achnas, Cyprus, Holina Village offers a safe and contained space, operating as a farm with both animals and orchards. This nurturing environment is ideal for young people choosing to address challenges such as self-harming, stress, depression, anxiety, or traumas that have made daily life difficult in their home settings. All our air-conditioned bedrooms are en-suite and tastefully decorated, ensuring comfort and privacy for our residents.



Holistic Approach to Recovery

At Holina Village, we believe in addressing the physical, emotional, psychological, and spiritual needs of each individual. Our holistic approach integrates traditional therapies like cognitive behavioral therapy (CBT) with advanced methods such as Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy (ACT), Motivational Interviewing (MI), and Neuro-Linguistic Programming (NLP). We also incorporate creative therapies, including equine therapy, art therapy, music therapies, adventure-based challenges, and family counseling, providing comprehensive support for recovery.



Comprehensive Youth Services

Our programs cater to individuals experiencing struggles with addictions, dependencies, self-harm, trauma, stress, burnout, anxiety, depression, and other emotional or behavioral challenges. We offer specialized services for ages 15 – 24, recognizing that their recovery needs may differ. Whether seeking addiction treatment or trauma recovery, we ensure that every client's journey is unique and tailored to their specific needs.



Educational Collaboration

Understanding the importance of continued education, Holina Village collaborates with UCLan Cyprus (University of Central Lancashire), which has been awarded the maximum 5 QS Stars for their international university programs. This partnership leads our residents through certified courses developed specifically for Holina Village residents, as well as a broad spectrum of mainstream courses, fostering personal development and employability skills.



Therapeutic Community Model

Our therapeutic community model offers a supportive environment where residents work together to overcome addiction, behavioural health challenges, and trauma. Residents are encouraged to take responsibility for their own recovery while also supporting each other in the process. This model fosters personal growth, emotional healing, and peer support—key components for successful recovery.



Adventure and Challenges

We incorporate adventure-based programs, including hiking, team-building exercises, and equine therapy, designed to build emotional resilience, teamwork, and self-esteem. These experiences are integral to the recovery process and help build lifelong skills.



Start The Healing Journey

Thank you for considering Holina Village. We're committed to your recovery journey. Contact us today to begin the healing process.



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